

☰ Retreat Outline

Day 1

- Arrival day
- Small lunch & coffee
- Dinner 20h

Day 2

- Breakfast 9am-10am
- Surf departure
- lunch
- 2nd surf/ beach day
- Sunset yoga 18h30-19h30h
- Dinner 20h

Day 3

- Morning yoga 8am-9am
- Breakfast 9am-10am
- Surf depart
- Lunch
- 2nd surf/beach day
- Shower
- Dinner 20h + surfing improvement analysis

Day 4

- Breakfast 9am-10am
- Surf departure
- Pokebowl lunch
- 2nd surf/ beach day
- Dinner 20h + surfing improvement analysis

Day 5

- Morning yoga 8am-9am
- Breakfast 9am-10am
- Paradise Valley depart 10:30am
- Dinner at Seaside 20h

Day 6

- Breakfast 9am-10am
- Women circle 10am-11am
- Surf
- Taghazout visit
- Sunset yoga 18h30-20h
- Dinner 20h

Day 7

- Breakfast 9am-10am
- Surf
- Taghazout visit
- Sunset yoga 18h30-20h
- Dinner 20h

Day 8

- Departure day

Live a unique experience for women

Dive into the world of surfing and explore the Moroccan coastline during a seven-day retreat for women in Morocco.

While enjoying this retreat, expect beach days, surf classes including photo and video analysis, visits to local markets, dining out, yoga classes, hiking, and much more. You have the freedom to join just the activities you like or participate in all of them.

This retreat is perfect for women looking for a safe space to exercise and connect with like-minded women from around the world.

